Bias and Cultural Specificity in the Treatment Industry

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OPENING & WELCOME: Gina Evans

The Big Picture - Challenging Bias and Assumptions: Ours and others

Too Many, Too Many’s – The Problem

Interagency Cooperation – Based on Client/Inmate Need

CHALLENGING PERCEPTIONS

The Nature of Bias

Our Own Bias

Others Bias – Christians are also a target
BIAS IN ADDICTION AND CORRECTIONS

Is it a disease or is it a moral failure?

Does CD treatment work? – They've had treatment and nothing changed

If they were serious wouldn’t they just stop? – They’re avoiding prison

If they need treatment can’t they get that in prison?

Aren’t all treatment programs the same? - We already have a place we send people

CULTURAL RELEVANCE: Seth Evans

Why is it so important?

Determining the “Right Fit” – The right body, in the right bed, at the right time

Culture and World View Matters
**The Right Body** – *Motivational Interviewing: Who is ready for change?*

The Right Bed - *Which program or service is best for the particular individual?*

Assessment and Client/Inmate Need – Barriers to Success program

Know Your Resources

**The Right Time** - *Stages of Change Readiness*

Stage 1 – Pre-contemplation – No problem

Stage 2 – Contemplation – I have a problem

Stage 3 – Preparation/Determination – I need help

Stage 4 – Action/Willpower – I am getting help
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Stage 5 – Maintenance – Ongoing

Stage 6 – Relapse – Often part of recovery

MAKING THE CASE FOR CD TREATMENT: Gina Evans

Assuring Public Safety

Serving Justice

Reducing Recidivism

Reducing Costs

Problem Solving Specialty Courts: Drug, DWI, Mental Health, Veterans, & GIFT

STRETCH BREAK (10 minutes)
SPECIALTY PROGRAMS: Gina Evans  
CD Treatment Alternatives  
(See attached listing of Specialty Chemical Dependency Treatment Programs)

**Duration & Intensity of Care** – Determined by chemical dependency assessments  
- Outpatient, Inpatient/30 day Residential, Long-term Residential  
- Hospital-based (Regions ADAP & Fairview Behavioral Health) & Psychiatric (Vinland National Center)

**Socio-economic** – Social dynamics and funding issues  
- High-end (Hazelden-like largely self-pay)  
- Middle-market (insurance paid)  
- Destitute (Rule 25 county funding)

**Sexual Orientation** – Being in an affirming environment free from stigma  
GLBT (Gay Lesbian, Bisexual, Transgender)  
- Pride Institute  
- Meridian Behavioral Health – Latitudes

**Racial/Ethnicity** – How you were raised not how you appear  
African American  
- Turning Point  
- African American Family Services  
Native American  
- American Indian Services  
- Mash-ka-wisen Treatment Facility  
- New Visions Treatment Center  
Hispanic  
- CLUES

**FAITH-BASED ALTERNATIVES: Seth Evans**  
Challenging Religious Bias

Religious Bias

Addressing the Spiritual Factor is a Proven Evidence Based Best Practice
FAITH-BASED ALTERNATIVES: Seth Evans

Faith Preference – Addressing what one believes in
Atheist/Agnostic –
  • Hospital-Based, Rational Secular, Behavioral Modification
Jewish –
  • Jewish Family & Children Services
  • JACS - Jewish Alcoholics, Chemically-dependent-persons, Significant-others
Buddhist/Eastern Religion/New Age – Mindfulness:
  • Health Realization
  • Meridian Behavioral Health
Christian –
  • Faith Family Recovery Center, LLC - Christian Drug Treatment Center
  • Living Free Recovery Services - Living Word Christian Center
  • Metro Hope Ministries - Long-term Christian Recovery Program
  • Minnesota Adult & Teen Challenge - Short-term Licensed & Life Skills Work-Based
  • Salvation Army – Short-term Licensed & Long-term Work-Based
  • Union Gospel Mission – Long-term Discipleship Program

QUESTION AND ANSWER
Specialty Chemical Dependency Treatment Programs

OVERVIEW OF LISTINGS

**Specialty Programs**
Adolescents
DWI Classes
Gambling
GLBT: Gay, Lesbian, Bisexual, Transgender
Mental Illness – TBI, Schizophrenia, Personality Disorders
Non-Traditional Approaches
Professionals (Doctors, Lawyers, Executives...)
Women with Children
Women Specifically
Veterans

**Cultural Ethnicity**
African American
Asian Americans
Mexican Americans
Native American

**Faith Based**
Higher Power – 12 Step-based
Christian
Jewish
Muslim
Hindu
Buddhist
Mindfulness
Atheist – Rational secular

**Medical**
Detoxification Facilities
Methadone Programs
Outpatient Services

Adolescents

Anthony Louis Center & On-Belay House – Substance Abuse & Transitional Housing
1517 East Highway 13
Burnsville, MN 55337
Phone: (952) 890-8879

The Bridge for Youth – Homeless & Runaway
Chelsea Miller at 612.230.6657
Email: c.miller@bridgeforyouth.org

Hazelden Foundation - Center for Youth and Families
11505 36th Ave N
Plymouth MN 55441-2398
Tel: 800 257-7810; 763 509-3800
Fax: 763 559-0149

Minnesota Adult & Teen Challenge
1619 Portland Ave S
Minneapolis MN 55404
Phone: (612) FREEDOM (373-3366)
Fax: 612 333-4111

New Beginnings at Waverly - Treatment programs for adults and adolescents
109 Northshore Dr
Waverly MN 55390
Tel: 800 487-8758

Prairie St. John's - MICD, Adult and Teens
7616 Currell Blvd
St. Paul MN 55125
Tel: 651 259-9750

DUI Classes

Twin Town Treatment Center: Meridian Behavioral Health - Driving With Care Program
1706 University Ave W
St. Paul MN 55104
Tel: 651 645-3661
Fax: 651 645-0959
Nystrom & Associates, Ltd. - Driving With Care Program
1900 Silver Lake Road, Suite 110,
New Brighton, MN 55112
Tel: (651) 628-9566
Fax: (651) 628-0411

Gambling

Club Recovery - Outpatient substance abuse and gambling treatment services
6550 York Avenue South Suite 620
Minneapolis MN 55435
Phone: (952) 926-2526

Project Turnabout - Vanguard
660 18th St
Granite Falls MN 56241
Tel: 800 862-1453
Fax: 320 564-3122
E-mail: info@projectturnabout.org

GLBT: Gay, Lesbian, Bisexual, Transgender

Latitudes Treatment Center: Meridian Behavioral Health - GLBT Program
1706 University Ave W
St. Paul MN 55104
Tel: 651 645-3661
Fax: 651 645-0959

Pride Institute -
14400 Martin Drive
Eden Prairie, MN 55344
Phone: (952) 934-7554
Toll Free: (800) 547-7433

Mental Health – TBI, Schizophrenia, Personality Disorders

Community Options - GRH- & MA- 90 day residential- Primarily Mental Health and CD
1585 Rice Street, St. Paul, MN  55117
651-487-8088

Northwest Residence - Up to level 5 Acute Mental Health Disorders Schizophrenia
4408 59th Ave. North, Brooklyn Park, MN 55429:
Andy 763-566-3650.
Re-Entry House - GRH - 90 day residential
5812 Lyndale Ave. S., Minneapolis MN 55419:
Joel 612-243-4114 or call 612-869-2411

Vinland National Center - Lake Independence - Chemical dependency & cognitive disability
3675 Ihdauhapi Road, Loretto, MN 55357
(763) 479-3555

Non-Traditional Approaches

Health Recovery Center - All Natural Health Supplements
3255 Hennepin Ave, Minneapolis MN 55408-3470
Tel: 612 827-7800

Professionals (Doctors, Lawyers, Executives...)

Hazelden Foundation - Addiction Treatment Center
15251 Pleasant Valley Rd, Center City MN 55012-0011
Tel: 800 257-7810; 651 213-4200

New Beginnings at Waverly
109 Northshore Dr, Waverly MN 55390
Tel: 800 487-8758 www.newbeginningsatwaverly.com

Veterans

Veterans Affairs Medical Center Addictive Disorders Section - General health services
1 Veterans Drive, Highway 55 and Highway 62, Minneapolis, MN 55417
Phone: (612) 725-2228

Veterans Affairs Medical Center: St. Cloud - Veteran’s substance abuse treatment services
4801 8th Street North Unit 116-C, Saint Cloud MN 56303
Phone: (320) 255-6395

Women with Children

Welcome Manor Services - Women with Children
114 Pleasant Street West
Garden City, MN 56034
507-546-3295
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**Journey Home** - Women, Women with Children  
1485 10th Avenue NE  
Sauk Rapids MN 56379  
Phone: (320) 259-9149

**Metro Hope Ministries: Healing House - Women & Children's Facility**  
Longer term Christian recovery program  
2739 Cedar Ave S  
Minneapolis MN 55407-1236  
Tel: 612 721-9415 or Mary Akehurst  612.721.9415

**Recovery Plus – Men and Women with Children**  
Longer-term recovery program  
713 Anderson Ave.  
St. Cloud, MN 56303  
(320) 229-3760 (800) 742-HELP toll-free

**Women Specifically**  
**Chrysalis: A Center for Women** - Adult Chemical Dependency Program  
4432 Chicago Avenue South  
Minneapolis, MN 55407  
Phone: (612) 871-0118

**Women’s Recovery Center** - Mental health and substance abuse services  
5100 Hodgson Road  
Saint Paul MN 55126  
Phone: (651) 484-7840

**Avalon-Midway: Meridian Behavioral Health** - Intensive outpatient treatment for women  
1885 University Ave  
St Paul MN 55104  
Tel: 651 647-0095

**Tapestry: Meridian Behavioral Health** - Women-focused treatment program  
135 Colorado St E  
St Paul MN 55107  
Tel: 651 489-7740

**Wayside House** - Assisting women struggling with a variety of issues  
3705 Park Center Blvd  
St Louis Park MN 55416-2526  
Tel: 952 926-5626
CULTURAL ETHNICITY

**African American**

**African American Family Services** - Outpatient  
2616 Nicollet Ave. So.  
Minneapolis, MN 55408  
Phone: (612) 871-7878

**My Home** - Outpatient  
1010 University Avenue Suite 1  
Saint Paul MN 55104  
Phone: (651) 659-0359

**Turning Point** - Residential, outpatient and halfway house  
1500 Golden Valley Rd  
Minneapolis MN 55411  
Tel: 612 520-4004

**Mexican Americans**

**CLUES - Chicanos Latinos Unidos En Servicio**  
2700 East Lake Street Suite 1160  
Minneapolis MN 55406  
Phone: (612) 746-3500

**Native American**

**American Indian Center** – General Support Services  
1530 E. Franklin Ave.  
Minneapolis, MN 55404  
Phone: (612) 871-4555

**American Indian Services, Inc.** – Substance Abuse Transitional Services  
2200 Park Avenue  
Minneapolis, MN 55404  
Phone: (612) 871-2175

**Mash-ka-wisen Treatment Facility** - Native American Residential Treatment  
1150 Mission road  
Sawyer, MN 55780  
218-879-6731

**New Visions Treatment Center** - Comprehensive primary residential treatment program  
2121 Nicollet Ave. S., 2nd Floor  
Minneapolis, MN 55410  
Phone: (612) 870-0441
FAITH BASED

Higher Power – 12 Step-based

The Retreat
1221 Wayzata Blvd E
Wayzata MN 55391
Tel: 866 928-3434
E-mail: info@theretreat.org

Christian

Faith Family Recovery Center, LLC - Christian drug treatment center
1303 S Frontage Rd #11
Hastings MN 55033
Tel: 651 437-1628
Fax: 651 437-4165
E-mail: info@ffrcllc.com

Living Free Recovery Services - Living Word Christian Center
9201 75th Avenue North
Brooklyn Park, MN 55428
Phone: (763) 315-7170

Metro Hope Ministries – Longer term Christian recovery program
2739 Cedar Ave S
Minneapolis MN 55407-1236
Tel: 612 721-9415
Fax: 612 721-5005
E-mail: info@metrohope.org

Minnesota Adult & Teen Challenge - Longer term Christian recovery program
1619 Portland Ave S
Minneapolis MN 55404
Phone: (612) FREEDOM (373-3366)
Fax: 612 333-4111

Salvation Army ARC Program - Longer term Christian men's recovery program
900 N. Fourth St.
Minneapolis, MN 55401
(413) 785-1921
**Jewish**

**JACS** - Jewish Alcoholics, Chemically Dependent Persons and Significant Others  
5224 West 26th  
Beth El Synagogue  
Golden Valley, MN, 55426  
Phone: (952) 545 - 2675  
Email: stewlab@msn.com

**Jewish Family & Children’s Services** - Counseling, prevention & support services  
13100 Wayzata Boulevard, Ste 300  
Minnetonka, MN 55305  
(952) 591-004

**Muslim**

**Millati Islami Program: Masjid An-Nur** - Muslim Sober Support  
Rayni Omar-Taylor  
Minnesota

**Buddhist - Mindfulness**

**Joe Bailey & Associates** - Health Realization – Mindfulness Counseling Services  
1615 S. Sterling Street  
St. Paul, MN. 55119-6103  
(651)714-2992

**Meridian Behavioral Health** – Mindfulness Program  
1706 University Ave W  
St. Paul MN 55104  
Tel: 651 645-3661  
Fax: 651 645-0959

**Atheist – Rational secular**

**Hospital Programs** – Medically-based
MEDICAL

Detoxification Facilities

Allina Hospitals & Clinics (New Ulm Detox Facility)
3124 5th N. Street
New Ulm, MN 56073
507-233-1210

Anoka Metro Regional Treatment Center (Anoka Detox Facility)
3300 4th Avenue North
Anoka, Minnesota 55164
Phone: (763) 712-4000 Intake: (763) 712-4118

Cambridge Medical Center - Dellwood Recovery Center (Cambridge Detox Facility)
701 South Dellwood Avenue
Cambridge, MN 55008
Phone: (763) 689-7723

Central Minnesota Mental Health Center (Buffalo Detox Facility)
308 12th Avenue South
Buffalo, MN 55313
(763) 682-4400

Dakota Treatment Center (Burnsville Detox Facility)
11939 River Hills Drive
Burnsville MN 55337
(952) 890-4480

Dakota County Program - Dakota County Receiving Center (Hastings Detox Facility)
1200 East 18th Street, Building 1
Hastings, MN 55033
Phone: (651) 437-4209

Fairview Detox (Minneapolis Detox Facility)
2450 Riverside Avenue
Minneapolis, MN 55454
Phone: (612) 672-2222
612.672.6600

Mission Care Detox Center (Plymouth Detox Facility)
3409 East Medicine Lake Boulevard
Minneapolis MN 55441
Phone: (763) 559-1402
New Life Treatment Center (Woodstock Detox Facility)
130 Dakota Street S
PO Box 38
Woodstock, MN 56186
507-777-4321 Email: info@newlifetreatment.com

Ramsey County Receiving Center (St Paul Detox Facility)
155 East 2nd Street
St. Paul, MN
Phone: (651) 266-4009
651-266-4540

Regions Alcohol and Drug Abuse Program – ADAP (St Paul Detox Facility)
445 Etna Street, Suite 55
Saint Paul, MN 55106
Phone: (651) 254-4804

Saint Joseph Hospital/Health East Chemical Dependency Program (St Paul Detox Facility)
69 West Exchange Street
Saint Paul, MN 55102
Phone: (651) 232-3644
Web Site: healtheast.org

Salvation Army Detox (Minneapolis Detox Facility)
1800 Chicago Ave. South
Minneapolis, MN 55404
Phone: (612) 879-3646

Unity Hospital (Fridley Detox Facility)
550 Osborne Road 2nd East
Fridley, MN 55432
(763) 236-5000
Hotline: (763) 236-7911
Methadone Programs

Alliance Clinic - Meridian Behavioral Health - Methadone-opiate treatment outpatient clinic
3329 University Ave SE
Minneapolis MN 55414
Tel: 612 454-2260

Specialized Treatment Services - Methadone Maintenance
1121 Jackson St NE #105
Minneapolis MN 55413-1665
Tel: 612 236-1700; 612 977-181

OUTPATIENT SERVICES

African American Family Services - Outpatient Substance abuse treatment with an African American cultural focus
2616 Nicollet Ave. So.
Minneapolis, MN 55408
Phone: (612) 871-7878
Fax: 612 871-2567

Ark Counseling of Plymouth - Outpatient substance abuse treatment services
1884 Berkshire Lane
Minneapolis MN 55441
Phone: (763) 559-5677
Hotline: (763) 559-5677

Chrysalis - A Center for Women - Adult Chemical Dependency: Outpatient mental health and substance abuse services for women
4432 Chicago Avenue South
Minneapolis, MN 55407
Phone: (612) 871-0118

Club Recovery - Outpatient substance abuse and gambling treatment services
6550 York Avenue South Suite 620
Minneapolis MN 55435
Phone: (952) 926-2526
CLUES - Chicanos Latinos Unidos En Servicio - Outpatient substance abuse treatment serving Hispanic community
2700 East Lake Street Suite 1160
Minneapolis MN 55406
Phone: (612) 746-3500
220 South Robert Street
Saint Paul MN 55107
Phone: (651) 379-4200

Life Renewal - Minnesota Adult & Teen Challenge
1619 Portland Ave S
Minneapolis MN 55404
Phone: (612) FREEDOM (373-3366)
Fax: 612 333-4111

My Home - Outpatient substance abuse treatment services with an African American cultural focus
1010 University Avenue Suite 1
Saint Paul MN 55104
Phone: (651) 659-0359
Meek Cox
651-659-0359

Nystrom & Associates, Ltd. - Intensive Outpatient Chemical Dependency & Enhanced Dual Diagnosis Treatment Programs
1900 Silver Lake Road, Suite 110
New Brighton, MN 55112
PH (651) 628-9566
FX (651) 628-0411

Six Dimensions Counseling - Outpatient substance abuse treatment services
1121 Jackson St NE #105
Minneapolis MN 55413
Tel: 612 977-1818; 612 902-5915
Fax: 612 236-1701
E-mail: jpounder@stsmn.com

Specialized Treatment Services - Outpatient methadone maintenance and substance abuse treatment services
1121 Jackson St NE #105
Minneapolis MN 55413-1665
Tel: 612 236-1700; 612 977-181
Fax: 612 236-1701