

# Workshop Session I Friday May 17 1:30-3:00pm

# **Overcoming Adverse Childhood Experiences (ACEs)**

**Don Caballero, Room 252** | Don will describe the effects of Adverse Childhood Experiences (ACEs) on a person's emotional, spiritual, mental, and physical well-being, the connection between ACEs and criminal justice involvement, and resiliency. Don Caballero is the Associate Director, Master Trainer, ACE Overcomers the Center for Resiliency, and Founder of The Clay Transitional Living Homes.

## **Christian Chaplain Education and Endorsement**

James Kirkland, Room 132 | Chaplaincy has come under secular influences that leads away from Biblical Christian roots. James will discuss the need and methods for maintaining a Biblical worldview in a pluralistic environment, and education and board certification benefits and opportunities. James Kirkland is the Executive Director of Christian Chaplains and Coaches, a Board-Certified Chaplain, and CPE Supervisor Educator.

### **Guiding Stars: Effective Strategies in Christian Mentorship**

David Phillips, Room 250 | Mentorship is vital for reintegration while incarcerated and after release. David will cover topics such as preparation for release, importance of mentorship, methods to prepare the mentor and mentee, and common pitfalls and successful techniques. David Phillips spent four years in Federal Prison, is a successful entrepreneur and Founder of Brand 316, a Christ-Centered ministry providing real world solutions for the formerly incarcerated and their families to succeed in life.

# **Using Data to Build Your Ministry**

**Will Riddle, Room 138** | This workshop will help you advance the Kingdom of God through your ministry's data. Learn the best questions to ask when looking for data, ways to collect data, the most common problems with data, and how to avoid them. Data collection tools and approaches applicable to various levels of organizational maturity will be presented. Will Riddle is the Sr. Vice President of Church Programs, Prison Fellowship.

### **Alternative Programming Instead of Incarceration**

**Nick Robins, Brenda Stringfellow, Room 134**|Nick shares how to gain a partnership with your local judicial system to become an alternative in sentencing. The Community Alternative Program (CAP), a transitional residential alternative program that prioritizes rehabilitation, education, and community integration will be presented. Nick Robbins is the Founder and CEO of Returning Home, in Springdale, AR. Brenda Stringfellow is the CAP Program Director.

# **Effective Support for Individuals who have Sexually Offended**

**Carey Sturgeon, Room 121** | Carey will debunk myths related to sex offending and examine biases that impede church outreach to and integration of individuals who have sexually offended. Theories, risk factors, and evidence-based support strategies relevant to sex offending will be presented. Dr. Carey Sturgeon is an international consultant forensic and clinical psychologist specializing in sexual violence and trauma.

# **Landmines Upon Release**

John Thomas & Frank Eyerman, Room 140 | Frank, formerly incarcerated, and John, former warden, will equip attendees to detect, disarm, and defend against triggers which commonly surface prior to release and during reintegration into society. Hear about the deeper issues people have when returning home from incarceration, warning signs for recidivism, and program examples. John Thomas is the Global Prison Ministry Director for Every Man a Warrior and former warden. Frank Eyerman is the Founder of Metamorphosis Ministries.

# A Biblical Cognitive Approach to Understanding and Addressing Addiction

Robert Vann, Room 136 | This workshop will provide participants with a biblical overview of what the Bible specifically says about the use of alcohol/drugs and relapse prevention. Participants will be introduced to the Biblical Cognitive Models of Addiction and Relapse Prevention. Spiritual transformation and restoration of the soul will be compared to therapeutic change (behavioral modification), and self-rehabilitation. This workshop will allow participants to compare the Biblical Cognitive Approach of addiction & relapse prevention to the more conventional approaches of addiction and relapse prevention. Bob is the Executive Director and Co-Founder of "A Strictly Biblical Perspective Ministries" (ASBPM) with his wife Maria. He has over 30 years of full time experience in ministry serving as Program Director for a 92 bed Christ Centered Transitional Housing Program, Fuqua Hall, a ministry of the Atlanta Mission, and as an Addiction's Counselor, Case Manager, Program Manager/Director at Detroit Rescue Mission Ministries, Prison Fellowship Ministries, and the Atlanta Mission.